

Conference Program

15th March 2023; Serena Hotel (Sheesh Mahal Hall), Islamabad

Registration 8:30 – 9:00 am

Session 1 (9:00 - 11:00 am)

Inaugural Ceremony

Recitation from Holy Quran

Opening Remarks by Dr. Humaira Jami
Organizer, Assistant Professor, NIP

Welcome Address by Prof. Dr. Rubina Hanif
Chief Organizer, Director, NIP

Address by Mio Sato
Chief of Mission, IOM Pakistan

Address by Prof. Dr. Muhammad Idrees
Dean Social Sciences, Quaid-i-Azam University, Islamabad

Address by Prof. Dr. Niaz Ahmed Akhtar
Vice Chancellor Quaid-i-Azam University, Islamabad

Address by Chief Guest Mr. Faridullah Jan
Commissioner CARs, Islamabad

Keynotes

Mental Health and Afghan Refugees

Mr. Sher Jan Ahmadzai
*Director, Afghan Studies Department, University of Nebraska
Omaha, USA*

Afghan Refugees: Four Decades of Resilience and Hardiness

Prof. Dr. Muhammad Jahanzeb Khan
*Vice Chancellor FATA University, President Pakistan
Psychological Association*

Mental Health Needs within Refugee Communities

Ms. Tammi Sharpe
Deputy Representative, UNHCR

Tea Break: 11:00 – 11:30 am

Session 2
(11:30 – 2:00 pm)

Panel Discussion

11:30 – 12:30 pm

Structural and Social Determinants of Mental Health of Afghan Migrants

Dr. Shabana Fayaz
Chairperson Defense and Strategic Studies, Quaid-i-Azam University, Islamabad

Ms. Mahjabeen Qazi
Program Analyst-GBViE, UNFPA

Dr. Pervez Shaukat
Public Health Officer, UNHCR

Dr. Inoussa Kabore
Deputy Representative, UNICEF

Dr. Aisha Zubair
Moderator, Assistant Professor, NIP

Guest Speeches

12:30 – 2:00 pm

Women in Conflict – Victims or Active Agents of Change: Case Study of Afghan Migrant Women - Issues, Challenges and Solutions for All Stakeholders

Dr. Salma Malik
Assistant Professor, Defense and Strategic Studies, Quaid-i-Azam University, Islamabad

Political Stability: A Prerequisite for Socio-economic progress of Afghan Migrants

Prof. Dr. Zafar Nawaz Jaspal
Director, School of Politics and International Relations, Quaid-i-Azam University, Islamabad

Mental Health Issues in Afghan Migrants in Pakistan: A Resilient Approach

Dr. Malik Hammad Ahmad

Director, Ministry of Human Rights

A Rights-Based Digital Solution for Public Mental Healthcare in Pakistan

Dr. Asma Humayun

National Technical Advisor; Ministry of Planning, Development, and Reforms, Islamabad

Lunch Break: 2:00 – 3:00 pm

**Session 3
(3:00 – 5:00 pm)**

Panel Discussion

3:00 – 4:30 pm

Mental Health of Afghan Migrants: Issues, Challenges, and Solutions for All Stakeholders

Prof. Dr. M. Tahir Khalily

Dean Faculty of Social Sciences, Shifa Tameer-e-Millat University

Dr. Rizwan Taj

Professor of Psychiatry and Dean of Pakistan Institute of Medical Sciences

Ms. Naveen Hashim

Founder Af-Pak Women Association

Dr. Syed Aziz Agha

Assistant Professor, University of Balochistan. Quetta

Ms. Zeba Husain

Director Mashal Trust

Ms. Riffat Zahir Moderator

Moderator, Research Fellow cum Assistant Professor, NIP

Closing Ceremony

4:30 – 5:00 pm

Recitation from Holy Quran

Overview of the Conference by Dr. Humaira Jami
Organizer, Assistant Professor, NIP

Concluding Remarks by Martin Legasse
AFS - Sr-Emergency Operations Coordinator, IOM Pakistan

Note of Thanks by Dr. Marsela Nyawara
Emergency Health Officer, IOM Pakistan

Vote of Thanks by Prof. Dr. Rubina Hanif
Chief Organizer, Director, NIP

Speech by Prof. Dr. Niaz Ahmed Akhtar
*Chief Guest, Vice Chancellor, Quaid-i-Azam University
Islamabad*

Shields Distribution **Tea Break 5:00 – 5:30 pm**

Poster Presentations

Poster based upon theoretical and empirical work will remain displayed and can be witnessed in the hall for entire day.

Dr. Irum Naqvi
Coordinator, Assistant Professor, NIP

Judges for Poster Evaluation

Dr. Marsela Nyawara
Emergency Health Officer, IOM

Prof. Dr. Tanvir Akhtar
President, NIP Alumni Association

Prof. Dr. Iffat Rohail
Foundation University, Islamabad